

Translating Community-Based Participatory Research Principles Into Practice

Jessica G. Burke^{1,2,3,4}, Sally Hess^{4,5}, Kamden Hoffmann^{1,2,3}, Lisa Guizzetti², Ellyn Loy^{4,5}, Andrea Gielen^{4,6}, Maryanne Bailey^{4,6}, Adrienne Walnoha^{3,7}, Genevieve Barbee^{3,7}, Michael Yonas^{3,7,8}

(1) University of Pittsburgh Graduate School of Public Health, Department of Behavioral and Community Health Sciences; (2) University of Pittsburgh Clinical and Translational Sciences Institute; (3) ONE: Pittsburgh; (4) ACT: Baltimore; (5) House of Ruth Maryland; (6) Johns Hopkins Bloomberg School of Public Health; (7) Community Human Services Corporation; (8) University of Pittsburgh School of Medicine, Department of Family Medicine

What Is the Purpose of This Study?

- This project was designed to increase capacity to conduct community-based participatory research (CBPR).
- This article provides an overview of CBPR workshops that we held for academic and community members and explores suggestions from the academic and community workshop participants about how to put the principles of CBPR into practice.

What Is the Problem?

- CBPR is not a method, but rather an approach for guiding and informing future research partnerships.
- Although academics are trained in research methods, few receive formal training in community-engaged research approaches and they and their community partners will benefit from direction and assistance as they establish and maintain their research partnerships.

What Are the Findings?

- Each original CBPR principle was rewritten into language that reflected the group discussion of the principles.
- Participants suggested a wide range of actions for putting the CBPR principles into practice.
- Specific attention was given to the importance of communication, development of structured procedures, and of understanding relevant data.
- A majority felt that the workshops generated ideas about how they could use CPBR in their own work.

Who Should Care?

- Academics and community members interested in engaging in partnered research.

Recommendation for Action

- Results from this study can be used to facilitate future academic–community research partnerships.